

HEALTH CARE

Engage the hospital (if applicable) and primary care health care providers to sign the **Pathways to a Healthy Provider Pledge**. The coalition will identify a target provider engagement goal in the Action Plan.

1. Hospitals should establish, implement or enhance campus policies related to healthy eating, active living and tobacco-free campus.
2. Individual providers should implement a process or protocol to increase patient engagement around physical activity, healthy eating and tobacco-cessation, through health action planning, a wellness contract or health coaching. This should align with or enhance existing quality improvement efforts.
3. Hospitals and providers will receive recognition and promotional support for signing the pledge and participating.



- Implementation Grants and Achievement Grants up to \$7,500 per community will be available for participating providers.

Ideas to Engage Health Care Providers



- Include prescription for physical activity and nutrition (partner in community) component
 - ✓ partnering with local fitness or park and recreation group
- If applicable, align with local patient centered medical home, health care quality improvement initiatives (address HTN, A1c levels, etc.)
- Use health information technology (HIT) to help identify patients that are at risk for or diagnosed with hypertension or prediabetes to bring in and complete HAP

